

July 2022

Dear Friends and Supporters of Care BC:

Many people enjoy vacations during the summer, especially now that COVID-19 travel restrictions have eased. This includes our dedicated **Meals on Wheels (MOW)** volunteers who serve isolated and lonely seniors across Vancouver, Richmond and the North Shore. Many of these volunteers have worked tirelessly during the pandemic and we understand they need a break. If you have plans to stay in the Lower Mainland this summer, we hope you'll consider joining our volunteer team! It only takes a few hours (weekdays approx. 10:30am - 1pm) to give back to your community. Please visit our website - [www.carebc.ca/volunteering](http://www.carebc.ca/volunteering) or contact Vicki at 604-733-9177 ext. 107 or [mav@carebc.ca](mailto:mav@carebc.ca).

Care BC's **Family Respite Centre (FRC)** in Vancouver has been offering temporary care for seniors and individuals diagnosed with cognitive or physical impairment, since 2002, allowing their caregivers to get a much-needed break from their 24/7 responsibilities. Although services at the FRC were temporarily reduced by the Ministry of Health to reduce the spread of the virus, the FRC staff offered virtual programs to Adult Day Centre clients. While safety precautions remain in place, including the wearing of masks, physical distancing, frequent hand washing and rapid testing, up to 11 overnight FRC beds have reopened and the Adult Day Program has resumed in person operations.

Planning has also continued for the **development of a Respite Centre on the North Shore**. In Oct. 2021 the City of North Vancouver council unanimously voted to rezone the 200 block of East Second Street to become a new "community hub" which will include a new Respite Centre. Working in partnership with the Catalyst Community Developments Society, the City of North Vancouver, and Vancouver Coastal Health, the proposal for the northwest section consists of a 6-storey tower that once built, will include 18 overnight respite beds, 25 adult day programming spaces and 89 below-market housing. The Respite Centre will be situated on the main floor of the building.



Detailed planning for the building (including a secure patio at the rear of the building exclusively for our Respite Centre) is currently underway and it is anticipated construction could begin this fall or in the early winter of 2023 and be completed 22–24 months later. The cost to build the respite centre is currently estimated to be approximately \$11 million. Care BC's Foundation has raised about one half of the capital funding required for this project. A fundraising campaign for the outstanding requirement will be officially launched this fall. However donations are welcome online at [www.becauseyoucarebc.ca](http://www.becauseyoucarebc.ca) or you may contact Dr. Inge Schamborzki, Executive Director, Care BC's Society and Foundation for more information at [schamborzki@carebc.ca](mailto:schamborzki@carebc.ca) or by calling 604-733-9177 ext. 110.

Tickets for **Care BC's 13<sup>th</sup> Annual Dinner and Auction Fundraiser** (\$128 early bird before Labour Day with a \$50 tax receipt) are now available through our website, [www.carebc.ca](http://www.carebc.ca). If you purchase your tickets online you'll receive your tax receipt immediately. You may also call the office (604-733-6614) for assistance. We look forward to seeing you Thurs. Oct. 27<sup>th</sup> at the Continental Seafood Restaurant to enjoy a sumptuous 10 course banquet, live and silent auctions, and special entertainment by **Encore**, a popular Vancouver based duo, generously sponsored by Patsy Hui. We are also delighted that Fred Lee will once again join us as our emcee and auctioneer.

Care BC's AGMs for the Society and Foundation were held on June 29<sup>th</sup>, 2022. Copies of the Annual Reports are available on line at [www.carebc.ca/annual-reports](http://www.carebc.ca/annual-reports) and [www.carebcfoundation.ca/annual-reports](http://www.carebcfoundation.ca/annual-reports).

Finally, we could not provide our crucial charitable programs, who help so many, without the generous support of our loyal friends and donors. Thank You! And, I would like to extend special thanks to Army, Navy & Airforce Veterans in Canada, Unit #284, G.K.C. Holdings Inc., John Murray McEwen Fund, The Ken Birdsall Fund, The Margaret & Jim Gillis Family Foundation, and several other anonymous donors, for their recent generous support.

On behalf of the Care BC Board, staff and dedicated team of volunteers, I would like to wish you a healthy and enjoyable summer!

Warmest regards,



Inge Schamborzki, D.Ed.  
Care BC Executive Director



2022年7月

親愛的朋友及卑詩護理會的支持者：

相信在COVID 19的旅遊限制放寬後，有許多人計劃在這個夏天準備出外享受假期，我們知道有許多送餐義工也有這個計劃，他們也實在須要這一個休息時間，故此，近日義工情況十分緊張，希望若你計劃今個夏天留在省內，請考慮加入我們義工送餐團隊，為社區出一分力，每週只須2個多小時的參與，就可以回饋你的社區，請到網站 [cn.carebc.ca/volunteering](http://cn.carebc.ca/volunteering) 或致電 604-733-9177 內線 (107) 與 Vicki 聯絡 [mav@carebc.ca](mailto:mav@carebc.ca)。

自 2002 年以來，位於溫哥華區的 卑詩護理會[家庭暫托中心](FRC) 一直為長者或被診斷患有認知或身體障礙的病患者提供臨時護理，讓他們的照顧者或親人 (caregivers) 可以從24小時的職責中得到舒緩，得到休息。雖然早前省衛生部為減少疫情傳播而暫時減少暫托中心的服務，但中心的工作人員，仍然為成人日間的客人提供虛擬課程，保持身體距離，包括帶口罩、經常洗手及快速檢測。現在，11個成人夜間床位已重新開放，我們的成人日間工作，已完全恢復正常運作。

另外，卑詩護理會計劃在北岸興建另一所的「家庭暫托中心」工程仍然在進行中。在2021年10月，北岸溫哥華市議會一致通過決定將東二街200號地區，重新策劃建造一個新的「社區中心」，當中包括一個新的「家庭暫托中心」，我們將會與Catalyst 社區發展協會、北溫哥華市及溫哥華沿岸衛生局合作，提案包括一座6層高的綜合大樓，西北面地下為「暫托中心」主樓層，當中將會包括18個過夜住宿房間、25個成人日間服務空間及89個低收入人仕住房的組合大樓。



大樓的詳細規劃（包括背面的暫托中心安全露台等）目前正在討論進行中，預計施工將於今年秋季或 2023 年初冬開始，並在2年多內完成項目。目前，建造暫托中心的成本估計約為 1100 萬加元。Care BC 基金會已籌集了該項目所需資金的一半。今年秋季將正式啟動一項針對特別需求的籌款活動。然而，如果你現在想支持這個項目，請到 [www.becauseyoucarebc.ca](http://www.becauseyoucarebc.ca) 網址捐款，或致電 604-733-9177 (內線110) 與 Care BC 行政總監 Inge Schamborzki 聯絡 ([schamborzki@carebc.ca](mailto:schamborzki@carebc.ca))

此外，「卑詩護理會」第13屆慈善籌款晚宴將於10月27號於列治文幸運海鮮酒家舉行。當晚除有豐富晚餐外，還邀請到城中著名音樂組合“Encore”作表演嘉賓，其中主音歌手Darcy Han 曾到中國參加擁有近10億觀眾 Chinese Idol “中華偶像”比賽，最後贏得第七名。相信“Encore”將會帶給你一個浪漫激情的晚上！除此之外，還有現場及無聲拍賣，必令大家盡興而回。餐券 \$128 (Early Bird) (50 元退稅收條)，著名主持人 Fred Lee 將再次擔任我們的司儀和拍賣師。購買餐券，請到網址 [cn.carebc.ca](http://cn.carebc.ca) 線上購買，您可即時收到退稅收條。如有任何問題，請致電辦公室 (604-733-6614)。

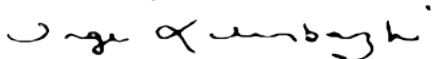
「卑詩護理會」及「卑詩護理基金會」的週年股東大會於 2022 年 6 月 29 日舉行。2021年度報告的副本可在網上獲取 [www.carebcfoundation.ca/annual-reports](http://www.carebcfoundation.ca/annual-reports) 及 [www.carebc.ca/annual-reports](http://www.carebc.ca/annual-reports)。

最後，感謝所有卑詩護理會的忠實朋友、支持者和捐助者！沒有您們的支持，我們將無法繼續提供這些必須服務予社區有需要的人！在此，我要特別感謝 Canada Army, Navy & Airforce Veterans 第 284 部隊, G.K.C. Holdings Inc., John Murray McEwen Fund, The Ken Birdsall Fund, The Margaret & Jim Gillis Family Foundation 以及多位匿名捐助者，感謝他們最近的慷慨支持。

我代表 卑詩護理會 Care BC 董事會、工作人員及我們的義工團隊，祝您度過一個健康愉快的夏天！

謝謝！

Warmest regards,



Inge Schamborzki, D.Ed.  
Care BC Executive Director